

Starters and Dips Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Couvert Local	*								*		*	*		
Prawn Soft Tacos	*	*	*			*				*				
Jackfruit Soft Tacos	*											*		
Tomato & Burrata							*							
Guacamole	*													
Hummus									*		*			
Tuna Tartar	*			*		*					*			*
Salmon Tartar	*			*		*					*			
Salmon Ceviche				*				*						
Feta Roasted Pepper Dip							*							
Beetroot Hummus											*			
Baba Ganoush											*			
Tzatziki							*							
Sourdough Bread	*							*						
Pita Bread	*													

1. Gluten, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanut, 6. Soy, 7. Milk, 8. Nuts Fruits, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulfites, 13. Lupine, 14. Mollusk

Fish Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Black Rice & Prawns		*						*						
Prawn Red Thai Curry	*	*				*								
Braised Tuna				*								*		
Tuna Steak Nicoise			*	*						*		*		
Stir-fry Prawn	*	*				*					*			
Cod & Chickpeas			*	*								*		
Prawn, Avocado Salad		*						*		*		*		
Panko-crusted Salmon	*			*						*		*		
Salmon With Hazelnut				*				*		*		*		

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Free Range Poultry Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Duck, Avocado Orange								*		*		*		*
Duck Roasted Veggies														
Za'atar Chicken	*						*							
Teriaky Chicken	*					*					*	*		
Chicken Paprika												*		
Chicken Red Thai Curry	*					*								

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Plant Based / Vegetarian Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Greek Salad & Hummus	*						*				*	*		
Crispy Tofu Bowl	*					*					*	*		
Spinach Falafel											*	*		
Bio Tofu Red Thai Curry	*					*								
Black Bean Burguers	*											*		
Butternut Squash Lasagna	*						*					*		
Soft Boiled Eggs Spaghetti	*		*				*					*		
Tofu Paprika						*						*		
Quinoa Feta							*	*				*		
Quinoa Hummus	*							*			*	*		

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Desserts Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Apple & Pecan Pie								*						
Dark Chocolate Mousse			*			*		*						
Tapioca Pudding														
Passionfruit Rawcake								*						
NY Cheesecake			*				*							
Hazelnut & Cocoa Cake			*					*						
Brownie & Tahini Caramel			*			*		*			*			
Wild Berries & Cashew								*						
SB Hazelnut & Cocoa	*							*						
SB Coconut								*						
SB Pink								*						
Medjol Date Stuffed								*			*			
Ice Creams														

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Poke Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
POKE														
Luau	*		*	*		*				*	*			
Hula	*	*		*		*					*			*
Umami	*		*			*					*	*		
Protein	*		*	*		*				*	*			
Spicy	*			*		*					*			
Salmão	*			*		*		*			*			
Surf	*			*		*					*			*
Hawaiian Heat	*		*	*		*		*			*			
Fresh	*			*		*					*			
CBS		*									*			
Reef	*			*		*					*			*
Tofu	*					*					*			
DRESSING														
Classic	*			*		*					*			*
Ponzu	*					*								
Spicy	*					*					*			
Citrus Basil														
Miso & Sesame						*					*	*		
BASE														
Sushi Rice														
Black Rice														
Quinoa														
Courgetti														
PROTEIN														
Tuna				*										
Salmon				*										
Shrimp		*												
Org Tofu						*								
Org Egg			*											
MIX-INS														
Wakame											*			
Shiitake Mushrooms						*								
TOPPINGS														
Crispy Onion	*													
Macadamia Nuts								*						
Wasabi Cashews								*		*				
Nori Strip														
Tobiko Eggs	*			*		*								
Mayo Togarashi	*		*			*								
"Mayo" Wasabi	*					*				*				

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Coffee Shop Allergens Table

	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Salmon Toast	*		*	*							*	*		
Avocado Toast	*											*		
Butter Toast	*						*					*		
Burrata Toast	*						*					*		
Scrambled Eggs	*		*					*				*		
Veggie Bowl	*						*					*		
Mediterranean Bowl	*		*				*					*		
Mexican Breakfast	*		*				*					*		
Breakfast Bowl	*		*	*								*		
Açai Bowl	*							*						
Granola Fruit Bowl	*					*	*	*						
Caramel Pancake								*						
Pink Pancake								*						
Cocoa Pancake								*						
Regular Pancake								*						
Banana Bread								*				*		

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