ENCOMENDAR AGORA

YOUR HEALTHY KITCHEN
LOCAL®

ORDER NOW

Brunch & Pequeno Almoço

Pão de Massa Mãe

Manteiga, Mel e Doce de Mirtilos	4,40 €
Abacate	7,10 €
Burrata e Tomate	9,70 €
Hummus, Cogumelos e Espinafre	8,90 €
Hot Honey Halloumi em Abacate	9,70 €
Abacate, Salmão Cura Caseira e Ovo Quente Biológico TOPSELLER	12,90 €
Abacate, Tomate e Ovo Biológico Estrelados	8,90 €

Panquecas

Simples Servidas com Mel	6,40 €
Frutos Silvestres e Manteiga de Amêndoa Caseira	8,60 €
Pumpkin Spice com Noz Pecanas e Crumble NEW	7,90 €
Mirtilos e Curd de Limão	8,20 €
Chai Mix, Banana, Caramelo Salgado de Tahini e Sementes de Sésamo NEW	7,60 €

Sweet

Banana Bread com Manteiga de Amêndoa Caseira	5,30 €
Brownie com Caramelo Salgado de Tahini TOPSELLER	6,10 €
Sweet Bites: Pistachio & Amêndoa, Cacau & Avelã, Coco & Caju	1,90 €

Bowls

Papas de Aveia — 8,40 €
Flocos de Aveia, Doce de Mirtilos, Maçã, Morangos, Mirtilos e Manteiga de Amêndoa Caseira

Chia Bowl NEW — 7,80 €
Leite de Coco, Açaí, Mirtilos, Morangos, Kiwi, Sementes de Romã, Lascas de Coco e Coulis de Mirtilos

Granola Bowl — 9,20 €
Granola de Frutos Secos Caseira, Iogurte Grego ou Vegetal, Banana, Kiwi e Mel

Açai Bowl — 9,60 €
Açaí, Banana, Morangos, Mirtilos, Granola de Frutos Secos Caseira e Sementes de Chia

Ovos Biológicos Mexidos — 8,70 €
Ovos Biológicos Mexidos, Rúcula e Pão de Massa Mãe

Veggie Bowl — 8,70 €
Abacate, Hummus de Beterraba, Cogumelos, Rúcula, Pão de Massa Mãe

Mediterranean Bowl — 10,90 €
Ovo Quente Biológico, Halloumi, Hummus, Tomate, Pepino, Rúcula, Pão de Massa Mãe

Mexican Breakfast TOPSELLER — 10,50 €
Ovos Biológicos Estrelados, Abacate, Feijão Preto, Tomate, Feta, Tortilhas de Trigo

Breakfast Bowl — 15,20 €
Salmão Cura Caseira, Abacate, Ovos Biológicos Quentes, Cogumelos, Tomate Cherry, Rúcula, Pão de Massa Mãe

Brunch & Breakfast

Sourdough Bread

Butter, Honey & Blueberry Jam	4,40 €
Avocado	7,10 €
Burrata & Tomato	9,70 €
Hummus, Mushroom & Spinach	8,90 €
Hot Honey Halloumi on Avocado	9,70 €
Avocado, House Cured Salmon & Organic Soft-Boiled Egg TOPSELLER	12,90 €
Avocado, Tomato & Fried Organic Egg	8,90 €

Pancakes

With Honey	6,40 €
Wild Berries & Homemade Almond Butter	8,60 €
Pumpkin Spice with Pecan Nuts & Crumble NEW	7,90 €
Blueberry & Lemon Curd Pancakes	8,20 €
Chai Mix, Banana, Salted Caramel Tahini & Sesame Seeds NEW	7,60 €

Sweet

Banana Bread with Homemade Almond Butter	5,30 €
Brownie served with Salted Tahini Caramel TOPSELLER	6,10 €
Sweet Bites: Pistachio & Almond, Hazelnut & Cocoa, Cashew & Coconut	1,90 €

Bowls

Oat Porridge — 8,40 €
Oats, Blueberry Jam, Apple, Strawberries, Blueberries & Homemade Almond Butter

Chia Bowl NEW — 7,80 €
Coconut Milk, Açaí, Blueberries, Strawberries, Kiwi, Pomegranate Seeds & Blueberry Coulis

Granola Bowl — 9,20 €
Homemade Nutty Granola, Greek or Plant Based Yoghurt with Banana, Kiwi & Honey Syrup

Açai Bowl — 9,60 €
Açaí, Banana, Strawberries, Blueberries, Homemade Nutty Granola, Chia Seeds

Organic Scrambled Eggs — 8,70 €
Organic Scrambled Eggs, Rocket, Sourdough Bread

Veggie Bowl — 8,70 €
Avocado, Beetroot Hummus, Mushrooms, Rocket, Sourdough Bread

Mediterranean Bowl — 10,90 €
Organic Soft-Boiled Egg, Halloumi, Hummus, Tomato, Cucumber, Rocket, Sourdough Bread

Mexican Breakfast TOPSELLER — 10,50 €
Organic Fried Eggs, Avocado, Black Beans, Tomato, Feta, Wheat Tortillas

Breakfast Bowl — 15,20 €
House Cured Salmon, Avocado, Organic Soft-Boiled Eggs, Mushrooms, Cherry Tomatoes, Rocket, Sourdough Bread